

FREE

WYMONDHAM Magazine

ISSUE 48 | APRIL 2021

*The free magazine showcasing what's
on in Wymondham, in association with
Wymondham Town Council*



Trusted Law

CALL: 01953 711950
EMAIL: enquiries@trustedlaw.co.uk



Having an up to date Will protects your loved ones

Will Writing · Trusts & Estate Planning · Power of Attorney

A Specialist Will Writing Firm based in Wymondham

As a family business, we know how important looking after your loved ones can be, especially during difficult times. We can help you to protect and safe guard your loved ones by making your Will and Power of Attorney.

We specialise in:

- Ensuring that your children are safe and looked after if the worst happened to you.
- Planning for your future generations and safe guarding family assets.
- Helping with complicated, blended family situations.

We are still able to help our clients, evening during a Lockdown. We have many methods in which we can communicate, and if a face to face meeting is needed, we will conduct this in a **Covid safe manner**.

We offer a **personal, convenient and trusted service** to help guide you through the legal process, making sure everything is explained to you in an easy to understand way so that you can make an informed decision.

In an unregulated industry, you can have the confidence in knowing that we are legally trained and qualified. Natalie has been a specialist Will Writer for nearly 10 years, with a background of working in a number of different Law Firms. We are also voluntary members of The Society of Will Writers.

Why Us?

“You were recommended to us by a friend – always a good sign. We’ll recommend you to others too. You kept us well informed of the process, timing etc and explained everything in a very helpful way. You answered all our questions – even when we asked them several times in different ways.

We really value your explanation and advice when we were unsure of meanings and ramifications of different option. Thank you so much!”

Mr & Mrs Jones



Natalie Chapman, Owner

We are still seeing clients even during this Lockdown, taking all the necessary precautions

Visit our website at:

www.trustedlaw.co.uk

17e Back Ln, Wymondham NR18 0QB



CONTENTS

REGISTER TO HAVE YOUR SAY IN MAY

Welcome to April's issue, and not only is spring finally here, but so is a gradual reopening after a long, hard winter lockdown. From **Monday 12th April**, non-essential retail, personal care premises and public buildings, including libraries and community centres, can start to reopen, as well as indoor leisure facilities (for use by people on their own or in household groups) and most outdoor attractions, including hospitality. It is important that everyone continues to respect Covid safety guidelines, but if you can, please try and support local businesses in any way you can - they need you more than ever and Wymondham would not be the same without them! I for one am looking forward to a drink sitting outside one (or more) of our many lovely pubs. And a haircut!

Finally, thanks to Chris Greenfield for this month's cover image, taken from his drone flying over the Abbey.

Kate, Editor

On Thursday 6th May residents in Norfolk will have their say on who represents them as the Norfolk Police and Crime Commissioner and at Norfolk County Council. And here in Wymondham, we will also be electing three new Town Councillors, with two vacancies in North Wymondham and one in Central Wymondham.

In order to vote in these important elections, residents must be on the electoral register and people who have not registered at their current address are being urged to make sure they are registered in time.

The deadline to register to vote is midnight on **Monday 19th April**. It takes just five minutes to apply online at www.gov.uk/register-to-vote.

Trevor Holden, Police Area Returning Officer for Norfolk, says: "Please make sure you can take part in these elections. They are an opportunity to make your voice heard and have a say on who represents you on issues that directly affect day-to-day life here in Norfolk. If you're not registered by 19th April, you won't be able to vote."

If you have recently turned 18 or moved home, it is particularly important that you act to ensure that you are registered.

Voters have a range of options for casting their ballot – in person, by post or by appointing someone they trust to vote in their place, known as a proxy vote. For those who choose to vote in person, polling stations will be safe places to vote on Thursday 6th May.

The deadline to apply for a postal vote is 5pm on **Tuesday 20th April**, and for a proxy vote the deadline is 5pm on **Tuesday 27th April**.

For information on elections in your area, how to register to vote, or how to apply to vote by post or by proxy, visit www.electoralcommission.org.uk/voter. The page will continue to be updated ahead of the polls.

ARTIST EDEN MULLANE **14**

THE STORY OF A STORE **16**

TALES FROM THE POTTING SHED **18**

STAR THROWERS/BOOK REVIEW **19**

BUSINESS SPOTLIGHT **20**

MY PERSPECTIVE/THE BEE'S KNEES **21**

LASTING POWER OF ATTORNEY **22**

WHAT'S ON **23**



Do you or your loved ones need trusted advice about your Will or Power of Attorney?



Trusted Law

Feel free to call us on: **01953 711950** with your questions

Will Writing • Trusts & Estate Planning • Power of Attorney

www.trustedlaw.co.uk



EASTER REBOOT TO GET RUGBY UP AND RUNNING

After months of lockdowns and dashed hopes for restarts, it looks like Wymondham's rugby players can finally get their boots back on at Easter.

The Government's decision to let grassroots sports clubs get going again on Monday 29th March means that players of all ages should get two months of rugby before the end of the season.

"And it's vital that we do get teams back on the pitch," explained Wymondham's Youth chair Harry Harris.

"You need a lot of skills to play rugby properly and those skills need practising - particularly for the younger players whose development will have been held back by so much time away.

"But it's also just going to be brilliant to get everyone back. Clubs are like big families - we've missed not seeing everyone and there's going to be a real buzz about the place when we're all back."

Although the rugby's been on hold for the past three months, plenty has been



going on behind the scenes at Barnard's Fields.

Tom Armes, who learnt his rugby at Wymondham before turning professional, is back at the club resuming his role as Head Coach for the senior men's sides. Tom will be supported by specialist coaches Alex Kelsall, Tony Butterworth and Simon Darby.

Loose head prop Luke Beales, who first played with Wymondham's Minis, is the new 1st XV captain alongside second rower Josh Wright who continues as Club Captain.

And the club is on the look-out for new talent with male and female players of all ability and all ages welcome. Competitive leagues for the seniors are expected to return in September and the 1st XV will again be pushing for promotion.

Off the pitch, Colin Downton is the new commercial director at a time when restarting the bar and other facilities will be vital. The club ended the year in the black thanks both to the furlough scheme and some tough financial decisions, but generating income will be a priority.

"We need to get going again," continued Harry. "It's been a really tough year for so many people and we'll never be able to say thank you enough to all our members who work in the NHS and other services.

"But what we could all do with now is to see our friends again, get out there on the pitch and get rugby up and running."

HELPING THE HOSPITALITY SECTOR REOPEN

Monday 12th April should see hospitality venues be allowed to serve people outdoors, with no need for customers to order a substantial meal with alcoholic drinks and no curfew, although customers must order, eat and drink while seated. Indoor hospitality will not be permitted before Monday 17th May.

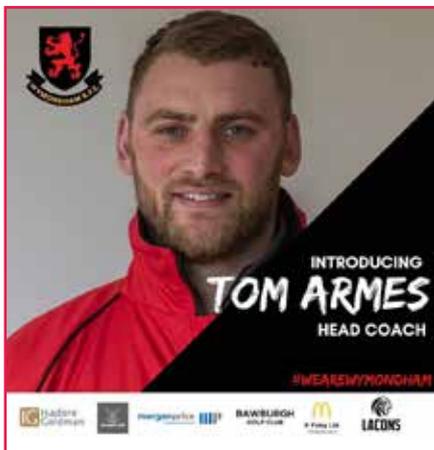
It has been a difficult year for the hospitality sector and Broadland and South Norfolk Councils are offering grants to help these businesses to reopen safely.

Grants of between £250 and £7,500 are available to support businesses with the adaptations they need to improve their outdoor facilities and help make them Covid secure. The fund will pay for up to 75% of the cost of the adaption.

South Norfolk Cabinet member Lisa Neal said: "The food and drink sector has been one of the hardest hit by the restrictions that have been in place during the COVID-19 pandemic. From Monday 12th April they will be able to serve customers outside, but some will need additional financial support to help them adapt their business, so that this can happen safely."

The grants will be available to those that have placed orders or commissioned work since the government's roadmap was announced on 22nd February, as well as those yet to make adaptations. The fund will provide up to 75% funding towards any outdoor equipment or structures to help allow businesses to reopen safely. This includes outdoor furniture, heating and lighting, insulation, weather-shielding equipment, such as wind breaks, umbrellas, and items to support social distancing such as temporary structures, improvised waiting areas, reception areas or ticket offices.

Where a property is listed, correct regulatory permissions must be obtained before work takes place. In cases where businesses intend to use highway land, they should also apply for a pavement license. For more information visit www.south-norfolk.gov.uk/business-support



LIBRARY REOPENS FOR CLICK AND COLLECT

Norfolk's libraries began a phased reopening in March, starting with a click and collect style service, including Wymondham Library. Each library will allow users to pick up selected books, return items and access toiletries or period products through the Tricky Period scheme.

Margaret Dewsbury cabinet member for communities and partnerships at Norfolk County Council said: "We want to welcome people back to our libraries which have shown their value over the last 12 months. I am particularly encouraged that plans are in place to safely support the completion of this years' census which is such an important piece of work."

Safety measures in place at each location will include the use of face coverings, social distancing and hand sanitiser. Returned books will continue to be quarantined for at least 72 hours.

Jan Holden, head of Norfolk's library and information service, said: "We're taking this step by step as we all begin to return to normality. Books have been a constant companion for many throughout the pandemic and we want to ease everyone back into the rhythm of borrowing from our collection before we fully reopen.

"The measures we have in place to keep everyone safe and reduce the spread are well tested at this point and will remain in place as long as necessary. At every stage we want



the friends of each library to return with the right level of confidence and caution."

Any items out on loan are still being automatically renewed until further notice and will not be charged any additional overdue or renewal fees.

Opening times will be adjusted to fit the new services so customers are being asked to check before they travel.

The government's road map has set Monday 12th April as the earliest date for libraries to allow users through the door. The Norfolk Library and Information Service will be working on plans to allow people inside where it is safe to do so and in line with the guidelines. Further details will be released nearer the time.

For further details on services and opening times visit the libraries website at www.norfolk.gov.uk/libraries or call the Norfolk library's helpline on 01603 774777

2b@1 Hypnotherapy

online appointments now available

skype™

Unlock your potential

Are you struggling with

- Anxiety or Stress
- Fears or Phobias
- Weight Control
- Addictions
- Sleep Issues
- Low Self Esteem or Confidence

Do you want to discover how Hypnotherapy can help?

Call today to book your FREE consultation
07925 140 931 info@2bat1.com www.2bat1.com

RESIDENTS ENJOY FACE-TO-FACE VISITS

Runwoodhomes Windmill House has been delighted to welcome back relatives for face-to-face visits, enabling relatives and residents to sit holding hands and be able to enjoy each other's company. Throughout most of the pandemic, residents have enjoyed visits via first the window, then the garden, then through a screen and then pod visits, trying to keep everyone as safe as possible.

Pictured is Kay visiting her mum Joan for the first time, able to hold hands and enjoying a glass of Champagne. Windmill House Visiting Champion Nicola greeted Kate on arrival to help with PPE and a lateral flow test before visiting.



Big news coming from Radio Wymondham

Radio Wymondham, the not-for-profit Community Interest Company that operates Wymondham's local community radio station, has some big news coming. "We're very excited because we're hoping to be able to bring you some very big news in next month's edition of *Wymondham Magazine*," teases Station Manager Anthony Woods. "We're just completing the plans and the legal details, and we should be able to 'reveal the secret' very shortly.

"And of course we're also keeping our fingers crossed that the Covid situation will ease through the summer months, and that the volunteer Radio Wymondham members will be able to get the station 'out and about' and back into the heart of the Community once again," he adds.

"Radio Wymondham can be heard on the internet at www.radiowymondham.com, on Alexa and Google and on many radio streaming sites and apps such as Simple Radio, Streema and Radio Garden. Keep an eye on the station's Facebook and Instagram pages for the latest news, and if you'd like to become a member, we'd love to hear from you."

PRIORY GARDEN BOWLS CLUB LOOKS FORWARD TO RESTART

By Bob Smith

For the past year Covid-19 has affected all our lives to varying degrees. Whilst good progress has been made with the vaccination programme, it is inevitable that our forthcoming season will be affected in some way, particularly in the early weeks.



As a club, we recognise the positive impact that bowls has on our physical, mental, and social wellbeing. Consequently, all our current members are keen to return to the green as soon as they are able. We will, of course, ensure the safe return of all players to our sport and we are currently awaiting guidance from the various governing bodies which will outline the conditions for 'Return to Play'.

As a safe, non-contact, socially distant outdoor sport, we will be one of the first leisure activities allowed to go ahead. We would therefore like to take this opportunity to invite others to join our very friendly, welcoming club. If you already play, great, if not, we will get you started. All being well, we plan to have our Registration Day on Saturday 24th April between 1pm and 4pm and if you would like to come along for a chat, you will get a warm welcome. Pending further relaxation of restrictions, we would like to hold an open day (probably sometime in May) for those who would like to have a go at playing our sport.

We are located at one end of Priory Garden (next to the Royal Mail Sorting Office in Middleton Street) or you can access us from Back Lane opposite Standley Court.

For further information or details please contact myself Bob Smith (Secretary) on 01953 600894, email admin@priorygardenbowlsclub.co.uk or visit www.priorygardenbowlsclub.co.uk

TONY BECOMES PUBLISHED PLAYWRIGHT

Tony Vale has become a first time published playwright as a result of worldwide links established during the first coronavirus lockdown.

Tony is a founding member of local playwriting group, Four by Four, which has been producing live performances of original stage and radio plays since 2009. He joined an online group of writers and actors called Caravan Productions

and they have published a book of plays to mark their first year in existence.



Tony's work is amongst 16 scripts included in the publication, which is available for purchase via Amazon. Profits from the sale of the book

will be donated to a charity which supports those working in theatrical professions, who are suffering financial hardship.

For details visit: *A Year in The Caravan: Caravan Productions 2020-21*: Amazon.co.uk: Dickinson, Coral: 9798704873235: Books

 **LOYAL TAXIS** 

24 Hour Private Taxi Hire

01603

619-619

01603

444-555

WYMONDHAM TO NORWICH CITY CENTRE FROM £17.00

HETHERSETT TO NORWICH CITY CENTRE FROM £12.00

ALL MAJOR AIRPORTS AT COMPETITIVE PRICES



LOCAL DEMENTIA SUPPORT CHARITY STEPS INTO SPRING

Wymondham Dementia Support Group will 'step into spring' this April to raise funds to help the group continue its much needed support of people living with dementia and their carers.

Members, friends, volunteers and supporters of all ages have committed to completing 20 days of activity throughout the month of April. Each participant has chosen an activity suited to their level of fitness and their area of interest and the choices are certainly varied.

Volunteer Jim Rump will be off road walking for 20 days but aims to finish early on Wednesday 28th April to celebrate his 86th birthday. Group member May Walker will be playing the organ and attempting to complete 100 tunes and May has an extension on time so she can finish on Wednesday 5th May when she celebrates her 100th birthday. Other activities include skipping, hula hooping, cold water swimming, walking and cycling. One cyclist is getting back in the saddle after a 40-year break.

Support Group Organiser Deborah Anstee said: "I am in awe of the commitment made by everyone taking part and I hope we all get a little fitter and enjoy some team spirit by pulling together to raise funds."

The group, which has recently celebrated its 12th anniversary, closed their twice weekly café, held at Fairland Hall, in March 2020 and although briefly able to open for a socially distanced café in October it had to close again. Huge efforts have been going on to keep communication and support open to all members and friends, numbering around 60 in total. Volunteers have



formed a buddy system to ensure regular calls are made to members and a monthly newsletter and a regular zoom café is helping to keep people in touch.

Chair of the trustees Ann Scott said: "Nothing beats being able to see each other in person and we know many of our members have struggled with feelings of isolation, but we have really worked hard to keep in touch with everyone and offer support through these challenging times."

To keep up with progress visit Wymondham Dementia Support Group Facebook page or the Just Giving campaign 'Wymondham Dementia Support Group Step into Spring'.

Above: May Walker tunes up ready for her marathon efforts this April

LUCAS COMPLETES COMIC RELIEF CHALLENGE

Last month we featured seven-year-old Lucas Cooke, who walked around Wymondham each day in a different costume in a Dressing Up Challenge for Comic Relief, generating many smiles and lots of money for charity as he did so. He quickly exceeded his target of £200.

Says mum Caroline: "We are so proud of our little gentleman, and he's very pleased too. Our total now stands at £2,173 - which is just amazing. Support has just been phenomenal, we had so many people come out to see us on the last day and pass on their thanks and congratulations. It really does make you realise what a wonderful community we live in."

Lucas's fundraising page can be found at www.justgiving.com/fundraising/carolinec-rednoseday21



HEDGE AT HOME CELEBRATES ANNIVERSARY

The Hedge at Home, the Facebook Live music show run by Wymondham local Rob Duhig, is gaining in popularity all the time, with not only a local following but an ever-growing international audience too. The show is celebrating its first anniversary, with some special guests lined up for April.

On Saturday 10th April at 8pm will be videos from rising star Ronan Williams and UK born but American-based Gregory Page, with special guest singer/songwriter Mark Davis. Mark is a professional musician from San Luis Obispo, California. However, due to Covid he is currently residing in Denmark with his wife Karoline following their 2020 tour being cut short by the restrictions and lockdowns.

On Saturday 24th April will be a touching video from American Country artist Mark Brine and a 'live' taster of what to expect from next guest Sophie Jenna, a talented singer from the Netherlands. The special guest will be Lowestoft-based Zingaro Blue, with lead singer Lesley Price introducing the band and a selection of their videos and songs. Zingaro Blue are only usually seen at festivals and concert venues, so this will be a real treat for viewers.

More details can be found at www.facebook.com/thehedgeathome

PHASE 2 OF RIVER TIFFEY WORKS BEGIN

In a partnership with the Environment Agency and Norfolk Rivers Trust, work has begun to complete the last stage of a fish passage project in the River Tiffey in Wymondham, which is a tributary of the River Yare.

The work follows a series of surveys that were carried out to assess fish populations, diversity and movement throughout the river, following Water Framework Directive (WFD) guidelines. The surveys revealed that fish species' diversity was much greater downstream than upstream (eight species of fish as opposed to four).

The first phase of the project was completed in 2019, and involved the removal of a small and redundant weir downstream of Becketswell Bridge. This enabled the impounded section to flow more naturally, created river banks for wildlife, and opened up a section of the river upstream.

The second phase of the project is focused on the bridge apron beneath Becketswell Bridge, which has been deemed impassable to all fish species during times of low flow. To improve passage, a series of pools will be created within the river channel using natural materials. These will gently raise water levels so that fish can move over the apron in all conditions.

Aside from enabling fish to migrate freely along the entire 8km stretch of the Tiffey, including its headwaters, the project has been well-received, with many people commenting on an increase in wildlife present – including a little egret!

Members of the public are asked to keep their distance from the working banks and staff during this work.

Dressing up for World Book Day

The children of Stepping Stones Pre School dressed up in a range of costumes for World Book Day last month.

Says staff member Amanda Barker: "To celebrate World Book Day we decorated and ate biscuits at a little tea party while a tiger read us The Tiger Who Came to Tea.

"World Book Day was part of our Book Week, where we have been on a barefoot sensory We're Going on a Bear Hunt adventure. We also made a huge train carriage and jumped on board for a Magic Train Ride, made lion masks for our Dear Zoo day, and little owl puppets to act out Owl Babies."



Contact Care Personal Lifeline Alarms



A Contact Care lifeline provides you
with help and reassurance
at the touch of a button

24 hour monitoring
365 days a year



Just £3.70
a week and a
£40 installation
fee

Installed by us throughout
East Anglia

0800 917 4680



KEEPING WYMONDHAM GREEN

By Jay Andrews

Hedgehog roads, restoring nature's old pathways, using public spaces to involve and rebuild communities – all these topics and more were part of a fascinating Zoom seminar held by Greening Wymondham in March.

"We wanted to highlight why and how all of us can care for the green spaces in Wymondham," says Greening Wymondham's Ann Rostron. "And help councillors, volunteers and supporters to understand what we can all do and why it's so necessary."

Encouraging wildflower meadows and going low on mowing was one of the messages from Helen Sibley from South Norfolk Council. She said there was a drive to encourage flowers, bees and insects to return to the parks and countryside sites the council runs. And to plant trees which are key to many species and alleviate flooding.

None of it would be done without local people buying in to the idea. Helen emphasised there would still be mown areas and paths for people, children and dogs and a neat appearance to parks and public spaces.

Up next on the webinar was someone already working with Greening Wymondham - Matt Davies of the Norfolk Fringe Project. He is helping our Kett's Wood planting project but had a fascinating account of how a neglected

and antisocial small park in Norwich had been transformed by volunteers replanting and rebuilding fences and access. Like all the speakers on the webinar he offers volunteers training, tools to borrow and advice.



Arguing for roads was our final contributor - Helen Baczkovska from the Norfolk Wildlife Trust. Not human roads but the tiny highways small animals used to be able to use before we cut across them. It's known as 'habitat connectivity' allowing hedgehogs and barn owls for instance to forage the distances they need.

With the help of farmers, landowners and gardeners her team has been working to reintroduce those little highways. Greening Wymondham members have also been trying it out in their own gardens since everyone can help with habitat connectivity, however small the space. Greening Wymondham will report back to *Wymondham Magazine* on what they've done and how it's worked for them.

There's much more to tell about the huge amount of work Helen's team are doing around Wymondham, but the NWT is also collecting seeds native to Norfolk that major seed producers can't afford to produce. According to Helen, the seeds have a longer shelf life than commercial products so are ideal for wild planting over several seasons.

So those could be revitalising our verges, public spaces and walks and greening Norfolk. Next month for *Wymondham Magazine* from Greening Wymondham is Hedgehog Highways!

Contact us at www.greeningwymondham.org



RADIO WYMONDHAM WEEKLY PROGRAMMES

Monday

- 8am to 9am - #BreakfastBriefing with David Mann
- 5pm to 6pm - Jimi's 60s Show with Jimi Wei Tang
- 7pm to 9pm - Sophie Sessions with Sophie Garrod
- 11pm to midnight - Jazz Shows with Jake

Tuesdays

- 8am to 9am - #BreakfastBriefing with David Mann
- 5pm to 6pm - Sounds Easy (Catch-up) with David Mann
- 11pm to 12am - Classics & Beyond

Wednesdays

- 8am to 9am - #BreakfastBriefing with David Mann
- 6pm to 8pm The Midweek Mixtape with Nigel
- 11pm to 12am - Something Beautiful - Instrumental Easy Listening

Thursday

- 8am to 9am - #BreakfastBriefing with David Mann
- 8pm to 10pm - Brit Pop Anthems with Matt
- 10pm to 11pm - Upstate Radio Theatre - Classic Shows from the Golden Age of US Radio
- 11pm to 12am - The Lake Air Shows - New Age Music

Friday

- 8am to 9am - #BreakfastBriefing with David Mann
- 8pm to 10pm - Back In The Day - The 70s with David B

Saturday

- 8am to 9am - #BreakfastBriefing with David Mann
- 4pm to 6pm - JP's Golden Years with JP

Sunday

- 8am to 9am - #BreakfastBriefing with David Mann
- 11am to 12noon - Sounds Easy with David Mann
- 12noon to 4pm - Eurovision Radio International with JP & David Mann
- 4pm to 6pm - On a Wym with Peter Ireland
- 8pm to 9pm - Horizontal Drift with Dave Harris
- 9pm 10pm - Dance Time in Texas with DJ Mike
- 10pm to 11pm - Sounds from the Global Village with Jake
- 11pm to 12am - Sounds Easy with David Mann (repeat)

MORLEY VILLAGE & SPORTS HALL RE-OPENING ROADMAP

After what has been an incredibly difficult 12 months for everyone, the team at Morley Village & Sports Hall is working hard to ensure they're ready to welcome you back.

From Monday 29th March, organised outdoor sport will return. This will follow on Monday 12th April with the hall reopening for climbing, under 18's classes and clubs, household badminton, short tennis and table tennis and outdoor sit down street food events.

On Monday 17th May, life events with up to 30 people and organised adult indoor sport and classes will be able to be held, leading up hopefully to social restrictions being removed on Monday 21st June. A classes and activities timetable will be available at www.facebook.com/MorleyVillageHall

The hall also sports a new picnic area made possible by a grant from Saffron Housing Trust, which will cater for everyone, with wheelchair accessible picnic tables made from recycled materials.

Their next project, together with Morley Parish Council, is to create a children's play area, and the team would like your thoughts on what play equipment they should include. Email morleyvillageandsportshall@gmail.com

Street food events calendar

Takeaway until Monday 12th April, pre-ordering advised

- Saturday 3rd April, 5pm to 8pm. Boxed Burger & Kitchen Bakes Cakes, www.facebook.com/boxedburgers
- Saturday 10th April, 5pm to 8pm. The Durban Grill South African Street Food, www.thedurbangrill.com
- Friday 16th April, 5pm to 8pm. Nomadi Pizza, www.tudoo.co.uk
- Tuesday 20th April, 5pm to 8pm. Gringos Nacho Factory Mexican Street Food, www.tudoo.co.uk
- Sunday 25th April, 10am to 2pm. Kitchen Bakes Cakes & Hope Coffee Company, www.facebook.com/kitchenbakes9 & www.facebook.com/hopecoffeecompany



Hansells

Solicitors

Commercial & Private Legal Services

Clinical Negligence ■ Debt Recovery ■ Employment ■ Family
 Notary Public ■ Personal Injury ■ Will, Trusts & Estate Planning
 Power of Attorney & Deputyships ■ Commercial ■ Conveyancing
 Commercial Property ■ Dispute Resolution ■ Charities

Regulated by the Solicitors Regulation Authority No 50602 Authorised and Regulated by the Financial Conduct Authority

Norwich
 Cambridge House
 26 Tombland
 Norwich NR3 1RE
 01603 615 731

Aylsham
 1 Norwich Road
 Aylsham
 NR11 6BN
 01263 734 313

Cromer
 10 Church Street
 Cromer
 NR27 9ER
 01263 512 003

North Walsham
 4 Grammar School Road
 North Walsham
 NR28 9JH
 01692 404 351

Sheringham
 Waterbank House
 Station Approach
 Sheringham NR26 8RA
 01263 822 176

Wymondham
 10 Fairland Street
 Wymondham
 NR18 0AW
 01953 857 578

info@hansells.co.uk ■ www.hansells.co.uk

WYMONDHAM NOTEBOOK

By Cllr Robert Savage

New bus shelter for Norwich Road

Following requests from local residents, a new bus shelter is to be provided on Norwich Road. It will be heading in the Norwich direction, be located almost opposite the entrance to Waitrose at the existing bus stop and within easy access from the houses in Sutton Gardens. The shelter is being funded 50/50 between Norfolk County Council and Wymondham Town Council under the County Councils Parish Partnership Fund. By working in Partnership with each other, the two Councils managed to bring this project to fruition and I know that local residents are very pleased with the outcome.

Grant for Wymondham Archers

We are very fortunate to have an archery club in Wymondham. It is based at the Rugby Club and, with nearly a hundred members, they are the largest archery club in Norfolk. It is good to see that they continue to grow in size. The club, whose members range from age six to 80, includes both male and female members. I, together with Cllr Kevin Hurn, was very pleased to be able to support their request for funding from our Local Councillors Grant Fund. The funds will be used to purchase a shipping container so that the club can carry out their archery activities under shelter from the inclement weather, especially during practice sessions. If you wish to join the club please contact them via wymondhamarchers.co.uk

Back to school

Following on from the success of the national vaccination rollout programme, it is great to see the welcome return to school for all our children. In terms of their education and wellbeing it is a very satisfying outcome. I have been involved at the Wymondham High Academy Trust helping with the administrative side of testing the children as they return to the classrooms. The entire testing arrangements at the school were extremely well organised by the staff and they, the children and their parents deserve credit for its success. After three school tests, subsequent testing will take place at home.

Tourism survey for Wymondham

Norfolk County Council is inviting the residents of Wymondham Parish to take part in a survey on how you feel about tourism in your area. The survey is part of the Norfolk County Council EXPERIENCE project and is about summer and winter tourism. It will be carried out every six months over the next two to three years.

The results will be used to tailor the activities of the project and to better understand the benefits and disadvantages of tourism for local people.

Anyone who is over 18 and a resident in Norfolk can take part.

There's a prize draw for £40 of Jarrold vouchers for participants (excluding employees of Norfolk County Council and their families, and anyone involved in the prize draw).

Take part here: https://surreyfbel.qualtrics.com/jfe/form/SV_bQoQxu2MzFR2Pyu

The survey closes at midnight on Friday 16th April.

County Council Elections

As you are probably aware, local elections will be held on Thursday 6th May. You will have the opportunity to vote for County Council Candidate, a Police and Crime Commissioner Candidate and, depending where you live, three Town Council Candidates. I am pleased to announce that I will be standing for Norfolk County Council. My team will soon be out and about delivering leaflets and if Covid regulations allow we hope to meet as many residents as possible.

Promoted by Christopher Kemp on behalf of Robert Savage, both of 8 Damgate Street, Wymondham, Norfolk NR18 0BQ.

Big Norfolk Holiday Fun programme launches for families

Children and young people across Norfolk could be eligible to take part in the new Big Norfolk Holiday Fun programme.

The scheme is being run by Norfolk County Council in partnership with Active Norfolk, and is free to all families with children aged five to 16, who are eligible for means-tested free school meals.

The scheme will run throughout this year over Easter, summer and the Christmas holidays, with a remote offer provided for the Easter holidays and more face-to-face activities planned over the summer and Christmas holidays as restrictions allow.

The Big Norfolk Holiday Fun Programme is completely free and will give children and young people access to lots of different activities to help keep them busy, active and healthy. Though the sign-up for Easter is now closed, you can still take part in the activities by visiting www.norfolk.gov.uk/what-we-do-and-how-we-work/campaigns/big-norfolk-holiday-fun

Cllr John Fisher, Cabinet Member for Children's Services, said: "This year has been hard for all of us, especially children who haven't been able to be in school, see their friends or take part in any of their usual group activities. The Big Norfolk Holiday Fun programme will help them and their families across the county to make the most of holidays throughout the rest of the year.

"It's great to be able to put in place this resource that will help families as we come out of Covid restrictions. Over the Easter holidays in particular, restrictions will still be in place on many activities and hospitality venues that would usually be full of families. The resources in the Big Norfolk Holiday Fun scheme will help families make the most of their holiday during the Easter break."

The Big Norfolk Holiday Fun scheme is funded by the Department for Education to offer a holiday activities and food programme for one week during the Easter break, four weeks during the summer break and for one week during the Christmas holidays.

In brief...

TV OPPORTUNITY – CLEAN YOUR HOME

Sick of clutter? Struggling to part with sentimental items or to clean nitty gritty places? 5 Star TV show Filthy House SOS is looking to spend three days with people from Norfolk and beyond, with two expert cleaners helping them to clean and declutter their houses, for free! The cleaning team will start this month and applications are being taken until summer. Contact cleaning@flyingaucertv.com or apply at <https://form.jotform.com/201614460158348>

WATN MILESTONE

Wymondham and Attleborough Talking Newspaper has recently reached the milestone of producing remotely online, 50 editions of their weekly audio news digest for visually impaired people, since the first lockdown began. For information about the service visit www.watn.org.uk

NEW WHITE HART POST OFFICE OPENING TIMES

WHITE HART POST OFFICE OPENING TIMES FROM 12 APRIL	
MONDAY	10.00-4.00
TUESDAY	10.00-4.00
WEDNESDAY	10.00-5.00
THURSDAY	10.00-5.00
FRIDAY	10.00-5.00
SATURDAY	10.00-2.00

EASTER ACTIVITIES AT BAPTIST CHURCH

On Thursday 1st April (Maundy Thursday), the church will be open from 9am to 9pm for private meditation around the Stations of the Cross. In order to be Covid secure, there will be one-hour time slots available which will need to be booked in advance. Booking can be made on-line via the website

or by contacting the church office. For Friday 2nd April (Good Friday), there are resources available on the website to download and use for personal reflection. On Sunday 4th April (Easter Sunday), the Sunday morning worship is at the earlier time of 10am and will be via Zoom. The service will be led by Pastor Paul Smith and will include Communion. Zoom log-in details are on the website. Email office@wymondhambaptist.org, call 01953 606520 or visit www.wymondhambaptist.org

HAPPY EASTER FROM METHODIST CHURCH

Wymondham Methodist Church would like to wish everyone a Happy Easter. The church meets every Sunday morning at 10.30am by Zoom and anyone is welcome. Email contact@WymondhamMethodistChurch.com for joining details. You can also join by telephone. Thought for the week is a 10- to 15-minute video which goes out every Sunday morning on their YouTube channel at www.youtube.com/channel/UCiXB5UpkTV7o8Xfh27Gox8w and their Facebook page has daily prayers, service sheets and videos.

QUEEN'S HEAD PREPARES TO OPEN

The Queen's Head is pausing its takeaway service after Sunday 4th April to prepare for reopening on Wednesday 14th April. The pub has a new terrace area to allow for safe outdoor eating and drinking.

REMEMBERING CAPTAIN TOM

Year 1 pupils at Ashleigh Primary School prepared artwork inspired by the life of Major Tom Moore to help decorate the window at Kett's Books. Staff at the community-run bookstore says: "We think it was a beautiful addition to our World Book Day window, and we can't wait to work with them again."



WYMONDHAM CELEBRATES ST GEORGE

Shops and offices in Wymondham are being encouraged to put up red and white flags or bunting on Friday 23rd April, to show their support for the town's St George's Day celebrations.



Wymondham has built a reputation for staging events to celebrate England's patron saint and this is an attempt to continue the tradition.

Government restrictions in place due to the pandemic mean that on street activities have had to be curtailed but is hoped that the displays of flags and bunting will provide an uplift to the town.

START CLASSES BACK

After a tough year stART Studio is looking forward to bringing everything slowly back, starting with Easter Holiday wraparound child care in the studio. Visit www.start-studio.co.uk for more information.

OUR MINI ROAD MAP TO NORMALITY!

- Monday 29th March**
Art Camps open and child care activities for children in the Easter Holidays
- Monday 12th April**
Our preschool Mini artist class, Home Ed class and Youth Classes will return this week
- Saturday 29th May**
Our art cafe, Sip and Paint art Nights and half term holiday activities will begin
- Monday 7th June**
Our full timetable with adult and children's stART classes will resume to normal



EDEN MULLANE

STORYTELLING THROUGH ART & TEXTILES

Wymondham Magazine interviews local artist Eden Mullane, whose colourful paintings were recently featured on TV as part of Sky Arts Landscape Artist of the Year.

What was it like growing up in Wymondham?

I was born in Kings Lynn, but moved to Wymondham aged 10, and have always felt extremely lucky and proud to have grown up in such a lovely market town. There is a lot to love about Wymondham and its history, and the Abbey inspired many of my first mixed-media paintings during my Textiles GCSE.

My early influences also derived from a trip to Jamaica as a young girl, where I experienced traditional Jamaican culture and visited the house my maternal grandmother grew up in before moving to the UK in the 1960s. It was an amazing experience which completely changed my outlook on life and enabled me to learn more about my dual heritage.

When did you start painting and when was it you decided to make a go of it professionally?

I started to paint large-scale pieces during my Fine Art GCSE, and my passion for painting grew rapidly from there. I have always felt that the Wymondham High Art Department, its teachers and the facilities were fantastic; they really did nurture our individual creativity, giving us the confidence to pursue art and design as a career.

Following this, I studied Textiles: Design & Innovation at Loughborough University. I also completed a placement year in Copenhagen and London working as a print design/fabric intern for the likes of Burberry and Margo Selby, which gave me invaluable design skills and experiences.

Once I was ready to apply for design roles after graduating, the pandemic had hit and the opportunities became unavailable. I decided to start painting in my spare time and after posting a glimpse of my first tropical painting, it sold within hours of being finished. From this, I went on to sell multiple paintings and began receiving commission requests. It was then that I decided to take the leap to set up my own business and follow my dream of becoming a full-time professional artist

during the first lockdown.

Where do you work from now?

I am currently based at my family home in Wymondham, working in any space I can find! I have recently been looking for local studio spaces to move the business to, as I'd love to be able to give people the option to visit my studio and see my work once restrictions ease.

What materials do you prefer to use?

I prefer to use acrylic paints, as I feel they are quite versatile and can create some magical effects on paper and canvas. I did however, learn to paint using oil paints and so still enjoy experimenting with it as a painting medium too. >



What are your favourite subjects?

My favourite subjects are tropical landscapes, which offer lots of varied and interesting elements surrounding nature. I am heavily inspired by the Caribbean, and often draw on inspiration from Jamaica, where my maternal grandparents were originally from. I have recently been interested in painting Jamaica in a way that's less romantic and touristic; through a more authentic and characteristic lens to show the real Jamaica.

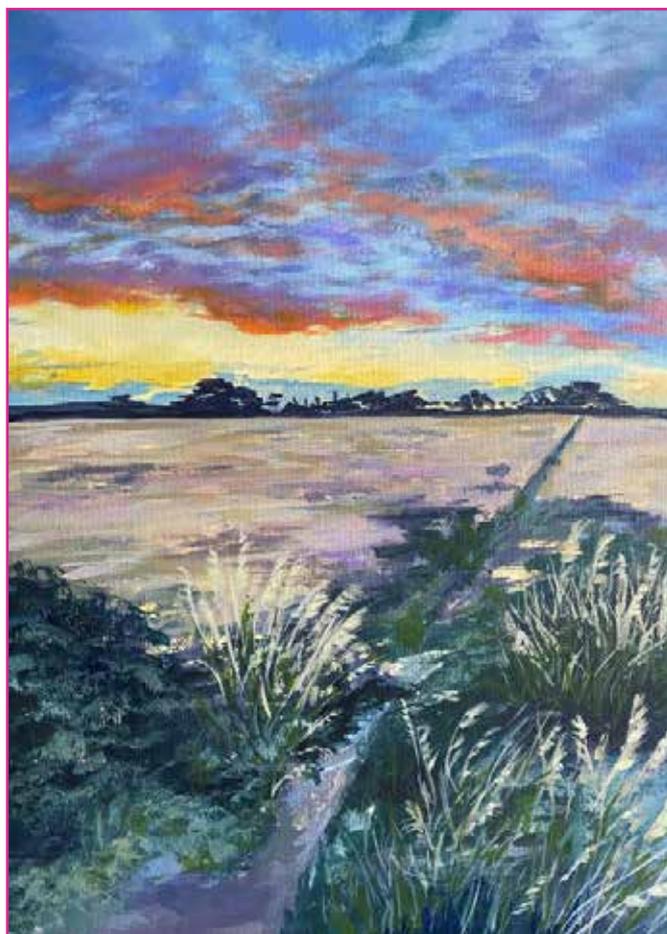
Have you ever done any paintings of Wymondham?

I have created several paintings of Wymondham, and recently finished a painting inspired by the beautiful sunset on Tuttle Lane as I was going for an evening walk (pictured below).

Before being on *Landscape Artist of the Year*, I also painted one of my favourite spots in Wymondham, the River Tiffey. I have so many fond childhood memories of going to the Tiffey with friends, and it definitely holds a special place in my heart. Wymondham Abbey has also been a place which I consider to be a favourite spot and used to take a lot of inspiration from it when I first started painting. It offers so much history and is a beautiful church to visit at all times of the year.

How did you come to design a textiles collection?

I specialised in Woven Textiles at University due to my interests in translating my paintings into textured and luxurious fabrics for Interiors. My Final Degree Show Collection was inspired by celebrating my mixed English and Caribbean heritage; comprising hand-dyed silks which were handwoven into large-scale fabrics for interiors. All of the fabrics were influenced by the colours and compositions of my bold,



contemporary paintings of Jamaica and England.

What is your ambition for the future?

My hopes for the future are to expand in a bigger local studio, working on larger scale pieces and starting a new collection of work. It would also be amazing to build a bigger network of interest in my work locally, and I plan to feature some of my work in a local Norfolk gallery so that people are able to view my paintings in person.

Do you offer commissions?

I specialize in a wide variety of bespoke commissions, which are individually tailored to each client. It is amazing to hear of people's experiences of travel, memories and dreams that they wish to have captured in a painting. If people are interested in my work or a commission then they can contact me through my website. Alternatively I have a Facebook Page: Eden Mullane and an Instagram: @edenmullanestudio.

What was it like being on *Landscape Artist of the Year*?!

Being on *Landscape Artist of the Year* (pictured above) was an incredible and surreal experience which I don't think I'll ever forget! The day flew by, and I couldn't believe that I'd been painting for four hours when the time was up. It was also amazing to meet the judges and presenters, who were lovely and gave me some fantastic feedback.

Being on the show had been a dream of mine since I was 16, and I never imagined I'd be selected to compete as a main contestant, so I felt very proud throughout the day of my heat. I would highly recommend anyone to apply, you never know what could happen!

See more of Eden's work at www.edenmullane.com

THE STORY OF A STORE

Remembering The Little Dustpan

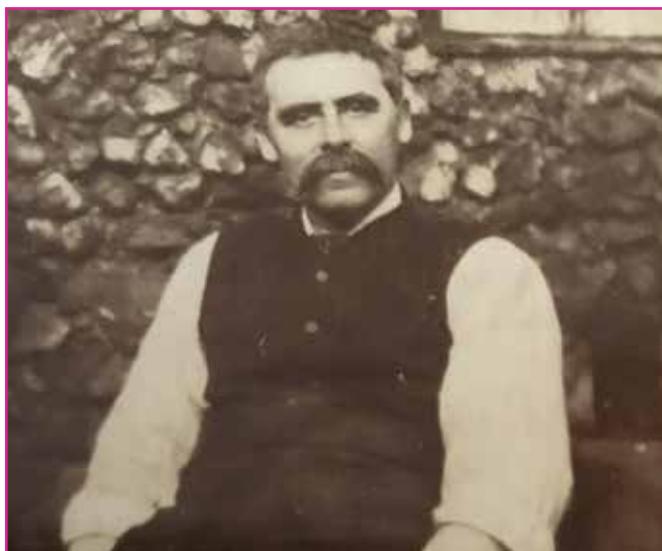
Charles Harvey Standley was born in Wymondham in 1863 and grew up in Thetford, where he completed an apprenticeship in ironmongery. In 1886 he was a licensed hawker and oil man and opened his first shop in Cock Street, Wymondham. In 1895 Charles purchased a row of cottages on Town Green and he converted one of them to his new ironmongers shop.

The shop became known as The Little Dustpan, and the name stuck and is still remembered today.

During the 1890s Charles was selling oils - fuel and paint, earthenware, tinware, wallpaper, brushes, oil lamps, candles, trunks, bedsteads, fenders, spades, shovels, forks and many more household goods of the day. Deliveries were made to surrounding villages by horse and cart.

Following Charles' death in 1932 the business passed to his son Eric, and then to Charles's grandson Philip and granddaughter Pamela in 1964.

In the 1930s cycles were added to goods for sale, along with radios with an accumulator unit on site, and fuel pumps were added to the shop frontage. Deliveries were now made by vans locally and to nearby villages. In the post World War Two years a second branch was opened in Middleton Street. >



By the 1960s many electrical household items such as lamps, heaters, irons, hairdryers, lawnmowers and of course televisions were being sold alongside more traditional >

Above: Sarah's great grandfather Charles H Standley, and below, Charles in the doorway of The Little Dustpan, taken around 1899.



By Sarah Standley

> hardware items for the home, which meant expansion was needed and the Town Green shop floor was enlarged into the adjoining house.

The business closed in 1988 after 102 years' trading and my father Philip spent his last years before retirement working for his friend George Squires at one of Wymondham's other hardware shops, C C Clements in Fairland Street.

After the Town Green shop closed, various businesses occupied the site, including a wine merchants. Today, Wymondham Antiques Centre, who celebrated 40 years trading in 2020, and the Town Green Garden Cafe occupy the former ironmongers and hardware premises. The antiques centre has occupied the property for over 20 years and it's funny to think they have probably sold collector's items like oil lamps and vases which could have been for sale in Charles Harvey's shop of the 1890s!

Wymondham Heritage Museum created two new permanent shop displays for the ill-fated 2020 season, one was of the 1930s Damgate Stores and the other of Charles Harvey's Little Dustpan shop, full of examples of items from the turn of the 20th century. Well worth a visit once the museum reopens for a glimpse into Wymondham shops of the past.

Below top: Photo from the 1930s when Sarah's grandad Eric Standley first ran the business.

Below bottom: Close up of the shop front in the 1960s. Sarah's father took on the business when her grandad died in 1964.

Top right: Photo taken in 2020 of the premises now with Antiques Centre and Town Green Garden Cafe.



What's in a photo?

WHITE HORSE STREET

By Philip Yaxley



Nowadays cars are parked all along White Horse Street, but when these pictures were taken about 1930 hardly anyone there owned one. But there was a garage! This was run by Joe Smith, who later moved the business to Friarscroft Lane on a site opposite the Regal Cinema, formerly occupied by a weaving factory and later by the Friarscroft Laundry.





Tales from the POTTING SHED

Hello Ole Partners. My gardening tips this month...

- As the soil warms an early sowing of broad beans can be made. Test soil by placing the back of your hand on it; if it feels warm you can plant out.
- Lettuce: take a tip from me and sow a few seeds in a flowerpot filled with compost. Press about 12 seeds in a 5" pot, cover with a piece of brown paper or newspaper and stand on a warm windowsill. Watch them carefully and once the seedlings have emerged remove the paper and keep them well watered. When the seedlings are bigger plant them in odd corners of the garden. This is much better than sowing them in rows when they may all go to seed. Once you have planted the contents of the pot, refill with fresh compost and sow another 12. Done this way you will have a continuous supply. The best lettuce to grow in this way is the 'All Year Round' variety.
- Shallots are the easiest to grow of all the onion family. They can be grown for lifting in late August for either storing or pickling. I'll give you hints on lifting and pickling onions in August.
- If you love green salad onions (spring onions) then grow White Lisbon. Sow a second lot three weeks after the first and repeat. You'll then have a continuous supply of lovely spring onions. They are best lifted with a very heavy screwdriver to avoid damaging the roots of the adjoining onions.

As I sit here now, in the full Spring, my mind goes back to 50+ years ago when I was a shepherd in charge of a flock of breeding sheep at Shrubbery Farm in Carleton Rode. Lambing season was the busiest time of the shepherd's year and I would stay at the farm for several days and nights to take care of my flock. My late wife Sheila always said

she didn't miss my heavy snoring and right enjoyed those nights to herself!

I well remember one day in particular when I had 27 lambs born within an hour and a half - that's what you call busy! Those of you who are not familiar with sheep habits may think there's nothing unusual about this. The trouble is that a ewe whose birthing is imminent will try to take over the newborn of a previously lambed ewe to the extent that they may fight and the poor young lamb is trampled on and killed. This puts the shepherd on full alert to make sure that the ewe who has lambed has her baby boxed up with her. The ewe knows her lambs by scent once they have dried off. If the wrong lambs are boxed with the wrong ewe she will reject them once they are dry and their natural scent returns. Although I was always vigilant, I sometimes made mistakes during the busiest hours when two or three mothers were claiming the same lambs.

Sadly, a ewe would sometimes die giving birth, leaving a new born lamb orphaned. If another ewe had lost her baby the method of taking the skin from her dead lamb and tying on to the orphaned one could fool the ewe into accepting it as hers. Ewes have a strong maternal instinct but are not quite as stupid as you may think. A lamb that is much older than the newborn or a very different colour will arouse

her suspicions so fostering was always tense work. If I could not fool another ewe into accepting it, an orphan often found its way back to my home in Bunwell, where it was kept warm in a box by my kitchen Rayburn and my daughter Annette helped me to bottle feed it until it was strong enough to be outside.

Another strong memory is of when I took 200 lambs to Bury St Edmunds sheep sale in late July. A pen of 25 lambs (Border Leicester ewes x Suffolk ram) from my entry were sold for the top price of the entire sale. There were 2,000 lambs entered from all over Norfolk. Considering I was competing against lambs entered by such prominent breeders as the Earl of Leicester from Holkham Hall and another group from Gawdy Hall near Harleston I did well. My employer Diana Penson and I were highly delighted - though she was never delighted enough to pay me a bonus! North of England buyers who came to the sale every year bought my lambs, telling me that they did very well in the northern winter climate. I was very proud of this fact. The sale gave me something to look forward to when I began the lambing season.

In the 1960s, the EDP newspaper came to report on and take photos of our lambs regularly, as you can see here. I was still helping local farmers with their

lambing season 40 years later when I was in my 80s.

Until next time, moined 'ow yer go.

Owen

Robert Kett Court resident Owen James, 95, is a true 'Broad Norfolk' speaking character. Once a resident of Bunwell Street, he now runs a residents' gardening club with help from his town councillor daughter Annette.



An update from



Star Throwers

Holistic Cancer Support Charity

By Victoria Pigg, www.starthrowers.org.uk

Centre reopening

On 16th March 2020 Star Throwers closed its doors to face-to-face appointments at our centre in Wymondham due to the escalating Covid-19 situation. Almost exactly 12 months later we are delighted to announce that we have welcomed back our first service users for cancer information sessions at our cancer support centre.

Since closing the centre to the public, we have adapted many of our services to be able to provide our essential information and support remotely to those affected by cancer. Currently, we are only opening our cancer information sessions for physical appointments complying with the current government guidelines and our own requirements. As the situation hopefully continues to improve, we will be developing plans to open our complementary therapies in the safest way possible.

Please be assured that our remote services will continue to be provided including: Cancer Information Sessions, Counselling (including bereavement), Nutrition Support, Fatigue Management, Therapeutic Writing, Reiki and Yoga. All our services are provided free of charge. To access our support call 01953 423304, email info@starthrowers.org.uk or visit www.starthrowers.org.uk

Shop reopening

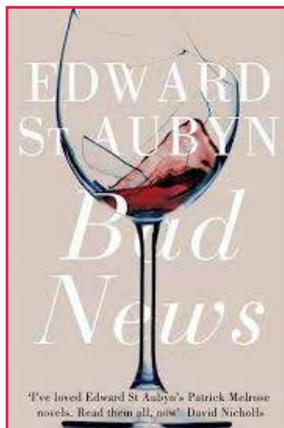
We are very excited about the reopening of our charity shop in Wymondham in April. Our shop staff have been working hard getting the shop refreshed and ready for our customers including internal improvements to the shop and a complete stock change. Our Ebay shop (www.ebay.co.uk/str/starthrowers) continues to do incredibly well along with our Facebook and click and collect service; we will continue all these sales options alongside our shop when we reopen. We are very much looking forward to seeing you all!



BOOK REVIEW

Bad News

By Edward St Aubyn



Edward St Aubyn was born in 1960 in London, to an upper-class family. Moving between houses in England and France throughout his childhood, from the ages of five to eight he was repeatedly sexually abused by his father with no intervention from his mother. Despite achieving a place at Keble College, Oxford to read English, his experience was hampered by severe heroin addiction, resulting in him entering psychotherapy at the age of 25. 21 years later, Mother's Milk, Book 4 of his semi-autobiographical 'Patrick Melrose'

series, became a Man Booker shortlist nominee, and critics such as Alan Hollinghurst labelled him "perhaps the most brilliant English novelist of his generation."

Much like the first instalment *Never Mind*, *Bad News* sits at the approachable length of just under 200 pages, and yet doesn't hurry the story for a second. Fans of slow-paced, well-written, humorous novels, where not much happens in terms of action or plot but rather the focus is on the character, will be more than satisfied by this series, and this book in particular. After Patrick has met with an appalling childhood incident in *Never Mind*, this book sees him in his 20s as a lost, unemployed, alone drug addict. We discover on the first page that his father, who we met in Book 1, has recently (and thankfully) passed away and that Patrick needs to fly to New York to collect his ashes. *Bad News* chronicles that weekend.

Although a USP of *Bad News* is definitely the humour, a significant portion of it is devoted to drugs, addiction, hallucination, and trauma. St Aubyn certainly doesn't hold back in describing those bits: the drug-taking is detailed so thoroughly that it becomes clear just as how semi-autobiographical this is. The humour is of the dry kind, the kind people use as a coping mechanism. One minute, you'll be rocking with laughter, and the next, jaw open in shock.

(St Aubyn himself modestly described *Bad News* as "Hamlet on heroin".)

Blurring, as all the Patrick Melrose books do, the line between fiction and autobiographical reality, this novel will act as a severe warning against taking drugs, but will also reveal itself to be engaging, witty, quick to read, and – despite the lack of plot – surprisingly addictive. Above all, you'll be thanking your lucky stars that Edward St Aubyn himself survived this particular time of his life.



BUSINESS SPOTLIGHT

Ragged Robin Florist

38 Barnham Broom Road, Wymondham



"A pandemic? In my lifetime? No, don't be silly! They are just for films and stories not for real life - surely..?" Anna Potter of Ragged Robin Florist tells us more about her blooming business and how they've fared during a difficult year.

When starting out my florist in my mum's shed nearly 12 years ago, I was worried about if I was going to get any customers, if my computer was good enough for the job, if I had enough money to start and what I would name the business. A pandemic was not on my list!

I was made redundant in 2010. Luckily, I had huge support from my family, and we sat around a table talking about my future after my two years of training and working as a florist. We chatted about my business idea and there on the table was a *Gardener's World* magazine with a page all about wild British flowers... and there on the page, sat Ragged Robin. A flower I recognised from a meadow I used to play in.

So I went for it... my business bloomed (excuse the pun). Year one was exciting, and I was so happy to get 10 weddings in my first year. We then moved to an actual flower shop in 2012 (along with my first house - I never do things in halves) on Harts Farm. I employed my first member of staff, who is my loyal and amazing Cassie, who has seen everything from the beginning and

backed me all the way. We had eight happy years there growing the business, adapting each year and working with lots of Norfolk businesses and wedding venues.

Then in 2016, I was ready to start a family after getting married to my amazing husband, who has put up with a lot over the years and always gets roped in as an unpaid delivery driver at busy periods. I then had to face the facts that I wasn't a super woman, and I needed another super woman to help me on my mission. Luckily, Millie was among my team and had started her training with us in 2014, so she then became my shop manager before I had my babies.

Then in my true style in 2018 I decided to move house, have a baby and move the business in a three-month time frame. That wasn't one of my wisest moves for timing, but I'm here to laugh about it and tell the story.

Nowadays, myself, Millie and the team of florists create 90 weddings a year, along with running the florist shop for all flower needs. Then the pandemic hit, we had a tonne of wedding administration (aka wedmin) and pretty much every

wedding postponing to 2021, and here we are a year on doing the same. Our hearts hurt for all our brides and Millie and I have spent many a days crying on the office floor.

We managed to complete an extremely busy Mother's Day just before the first lockdown but then spent the next day like emotional wrecks, making bouquets with our remaining stock and dotting them round beautiful Wymondham town for people to find before closing our doors.

After spending a month off redecorating every wall in my house and cleaning out every cupboard (even the cutlery draw), my husband was worried I was going to start painting the children if they stood still for long enough. It was then time to diversify! We started contactless deliveries, followed by Saturday pop-up shop outside the front of our shop and a click and collect service. And surprisingly, we had a super busy year spreading lots of floral love.

Our webshop (<https://raggedrobinflorist.co.uk>) has really boomed with more people ordering online than ever before. And now on lockdown 4, what this pandemic and job has made me realise more than anything is that I'm not just a florist. I am a person who has incredible privileges.

This last year I may have glimpsed your newborn baby before your own family. Wished your mum a happy birthday face to face when you couldn't do that. Know you're sad because you just been made redundant, or know you're happy because you've just got engaged. I've had sleepless nights over whether your wedding will or won't go ahead. I have cried for you when I've placed my work on the coffin of your loved one. I am happy and proud to think that something I have created has made a small difference to someone in these difficult times. I will never take that for granted. I will carry on growing and we will all get through this together.



From my perspective

By Councillor Suzanne Nuri-Nixon

Last month more information was released about Norfolk County Council's 'One Million Trees' initiative. The idea is to plant a million trees, more than one for each Norfolk resident. The initiative actually came about from a motion brought to County Council by independent Cllr Sandra Squires in 2019. County councillors then voted in favour of the idea and agreed to add the motion to the Council's 25 year environmental policy.

Under the initiative, the County will work with communities, landowners and partners to plant the trees over a five year period. And this will begin next month (May).

It is proposed that each County councillor will have a budget to spend on both tree and hedge planting which will invariably add to valuable green spaces and provide wildlife with habitat.

The Council has been liaising with The Woodland Trust, The Tree Council, DEFRA and the Forestry Commission to find a range of planting offers for the coming year.

I welcome this initiative which seeks to replace some of the natural wildlife habitat Norfolk has lost as a result of housing development. By providing the right trees for the right spaces, there is no doubt that establishing and maintaining trees will bring lasting benefits to our environment.

County Council have asked for suggestions on the type of planting landowners and community groups are looking for and among some of the suggestions are planting trees in hedgerows, setting up community tree nurseries and planting roadside hedges to reduce snow drifts.

I particularly like that the use of plastic spiral guards for trees will no longer be used, as these have not only restricted growth but by not being removed from young trees have led to avoidable plastic pollution. It is proposed that communities will be encouraged to remove redundant plastic from old planting schemes and this can only be a good thing.

County tells us that to date nearly 25,000 tree and hedge plants have been planted on county farm estates but it is clear the One Million Trees project is an ambitious target which could be met providing communities and landowners are encouraged to apply for the planting schemes.

What is also interesting is that the timing of this initiative means that a new cohort of councillors will take up their seats at County after the elections in May.

So I guess the question to ask is, will your choice of candidate in the County elections on 6th May do what they can to ensure community groups in Wymondham take up the One Million Tree challenge?

Find out more about the One Million Tree initiative on the County Council website: www.norfolk.gov.uk/what-we-do-and-how-we-work/campaigns/1-million-trees-for-norfolk

WYMONDHAM IS THE BEE'S KNEES

By Nicola Maunders, Greening Wymondham

Bees on their knees?

There has been a rapid and dramatic decline in bee populations. This is closely linked to pesticide use, which can persist in the environment for months or years. Bees take up pesticides from treated plants. Often they do not die immediately. Pesticides can damage their immune system so they pick up infections more easily. This makes them more vulnerable to habitat loss and climate change. Some pesticides affect bees' ability to fly making it more difficult for them to find food. Some pesticides stop bees reproducing.



Let's get Wymondham's bees buzzing

Bees have lots of favourite flowers but here are some examples: hellebores and crocuses in winter, aubretia and snake's head fritillary in spring, alliums and foxgloves in summer and bugbane and dahlias in autumn. Try to provide nectar-rich flowers all year round - see the RSPB website for ideas www.rspb.org.uk/get-involved/activities/give-nature-a-home-in-your-garden/garden-activities/grow-flowers-that-bees-love. Check out Wymondham Garden Centre or Myhills for bee-friendly plants and seeds.

How do I encourage more bees in my garden?

Bees like to nest in hollow branches of dead plant matter such as dried stalks like buddleia cuttings. Put some of these together or drill holes into a dried log and you have a bee hotel (or you could buy one). Some bees nest in decaying wood, chewing tunnels into tree stumps so you could leave a log pile for them to find. You might get some hedgehogs too.

Make a B-line for Wymondham

B-Lines are a potential solution to the problem of the loss of flowers and pollinators. They are a series of 'insect pathways' running through our countryside and towns. They link existing wildlife areas together, creating a network, like a railway that weaves across the British landscape. They provide large areas of habitat benefiting bees, butterflies and a host of other wildlife. You can put your garden or land on the b-lines map. See www.buglive.org.uk/our-work/b-lines. Let's put Wymondham on the map.

Fancy a taste of honey?

Learn about beekeeping from Norfolk Beekeepers' Association at <https://norfolkbeekeepers.org.uk> and Urban Bees at <https://www.urbanbees.co.uk>

THE IMPORTANCE OF PREPARING LASTING POWERS OF ATTORNEY

Written by Sarah Hughes, Private Client Assistant, Spire Solicitors LLP

What is a Lasting Power of Attorney?

Lasting Powers of Attorney (LPA) are important legal documents which enables individuals to act on another person's behalf, should one become incapacitated. The documents themselves consist of two types and deal with an individual's Property and Financial affairs and Health and Welfare.

The Property and Financial affairs LPA empowers trusted individuals to act on one's behalf and in one's best interests, in making decisions such as selling property, paying bills and generally overseeing one's finances. In addition, the Health and Welfare document enables authorised persons to become involved with making decisions in relation to one's health, such as care provisions, medication and life-sustaining treatment.

Why make a Lasting Power of Attorney?

Having these documents in place enables one to choose people they trust, such as family members, friends or professionals, to act as their Attorneys in dealing with their affairs, should one lose capacity or feel that they are unable to cope with their own matters.

It is not to say that everyone will lose capacity in their lifetime, but it could be a situation in which one could, unfortunately, find themselves. For example, individuals who suffer from severe mental health issues such as bipolar disorder or

Alzheimer's, those with learning difficulties and the elderly may need support in managing their own affairs.

In addition to this, it is also advisable for business owners to consider having in place LPA documents in case they become incapacitated and as such are unable to make decisions that affect the running of the business. By having these documents in place, a business can continue to be managed and overseen by one's Attorneys, with minimal interruption, in the event that the business owner, be it a sole trader, director or partner of a business, is, for any reason, unable to manage the business.

No Lasting Powers of Attorney... What happens next?

Should one lose capacity without having LPAs in place, family members will face having to apply to the Court of Protection to have a Deputy appointed in order to deal with their loved one's affairs finances and health-related decisions. Unfortunately, this can be a lengthy and expensive process that is likely to cause significant strain on those family members who are affected.

What next?

If you would like to find out more about LPAs or if you would like to make an appointment to prepare LPA documents, please contact Spire Solicitors on telephone number 01953 606351 as we will be more than happy to assist you.



Outstanding advice and legal expertise for the region

Specialists in:

- Residential Conveyancing
- Family
- Wills, Tax, Probate & Trusts
- Litigation & Disputes
- Employment
- Agriculture
- Commercial Property
- Corporate & Commercial

Attleborough | Aylsham | Dereham | Diss | Norwich | Watton | Wymondham



01953 606351
www.spiresolicitors.co.uk

WHAT'S ON?

Saturday 27th March

The Hedge At Home
8pm, by Rob Duhig, with guest Michael McNevin (from California)
www.facebook.com/thehedgeathome

Sunday 28th March

Sunday Service Livestream
9.30am, by Wymondham Abbey
www.youtube.com/channel/UC-egQ30CpJ64aJQYnFvzlcA/live

Sunday Worship - 'Total Forgiveness: When we are unfairly accused' by Paul Smith
10.30am, by Wymondham Baptist Church. Via Zoom
www.wymondhambaptist.org

Church Service
10.30am, by Wymondham Methodist Church. Via Zoom
tgc.2016@outlook.com

Sunday Service Livestream
10.30am, by Hope Community Church
www.hopecommunitychurch.co.uk

Monday 29th March

Online Quiz
8pm, by Slow Theatre Company. Live on YouTube, Facebook and Twitch
www.facebook.com/slowtheatrecompany

Wednesday 31st March

Online Book Club - 'The Closer You Get' by Mary Torjussen
8pm, via Zoom. By Norfolk Libraries
libraries.icconnect@norfolk.gov.uk

Thursday 1st April

Mindfulness Meditation Session
6.30pm, by 2b@1 Hypnotherapy. Live via Facebook
www.facebook.com/2bat1Hypnotherapy

Sunday 4th April

Sunday Service Livestream
9.30am, by Wymondham Abbey
www.youtube.com/channel/UC-egQ30CpJ64aJQYnFvzlcA/live

Easter Sunday Worship - led by Paul Smith
10am, by Wymondham Baptist Church. Via Zoom. Includes communion
www.wymondhambaptist.org

Church Service
10.30am, by Wymondham Methodist Church. Via Zoom
tgc.2016@outlook.com

Sunday Service Livestream
10.30am, by Hope Community Church
www.hopecommunitychurch.co.uk

Monday 5th April

Online Quiz
8pm, by Slow Theatre Company. Live on YouTube, Facebook and Twitch
www.facebook.com/slowtheatrecompany

Saturday 10th April

The Hedge At Home
8pm, by Rob Duhig, with guest Mark Davis
www.facebook.com/thehedgeathome

Sunday 11th April

Sunday Service Livestream
9.30am, by Wymondham Abbey
www.youtube.com/channel/UC-egQ30CpJ64aJQYnFvzlcA/live

Sunday Worship - 'Heaven help the home: As for me and my house' by Paul Smith
10.30am, by Wymondham Baptist Church. Via Zoom
www.wymondhambaptist.org

Church Service
10.30am, by Wymondham Methodist Church. Via Zoom
tgc.2016@outlook.com

Sunday Service Livestream
10.30am, by Hope Community Church
www.hopecommunitychurch.co.uk

Monday 12th April

Mini Artists Class
10am to 11.30am and 1pm to 2.30pm, stART Studio. For ages 1 to 5
www.facebook.com/events/454625082504815

Online Quiz
8pm, by Slow Theatre Company. Live on YouTube, Facebook and Twitch
www.facebook.com/slowtheatrecompany

Thursday 15th April

Mindfulness Meditation Session
6.30pm, by 2b@1 Hypnotherapy. Live via Facebook
www.facebook.com/2bat1Hypnotherapy

Sunday 18th April

Sunday Service Livestream
9.30am, by Wymondham Abbey
www.youtube.com/channel/UC-egQ30CpJ64aJQYnFvzlcA/live

Sunday Worship - 'Heaven help the home: What makes a good marriage?' by Paul Smith
10.30am, by Wymondham Baptist Church. Via Zoom
www.wymondhambaptist.org

Church Service
10.30am, by Wymondham Methodist Church. Via Zoom
tgc.2016@outlook.com

Sunday Service Livestream
10.30am, by Hope Community Church
www.hopecommunitychurch.co.uk

Monday 19th April

Mini Artists Class
10am to 11.30am and 1pm to 2.30pm, stART Studio. For ages 1 to 5
www.facebook.com/events/454625082504815

Online Quiz
8pm, by Slow Theatre Company. Live on YouTube, Facebook and Twitch
www.facebook.com/slowtheatrecompany

Thursday 22nd April

The History of Dragon Hall, Norwich - talk for Wymondham Heritage Society
7.30pm, via Zoom
www.wymondhamheritagemuseum.co.uk

Saturday 24th April

Registration Day
1pm to 4pm, Priory Garden Bowls Club
www.priorygardenbowlsclub.co.uk

The Hedge At Home
8pm, by Rob Duhig, with guest Zingaro Blue
www.facebook.com/thehedgeathome



MARKETS

Every Friday

Charter Market
8am to 5pm, Market Place
01953 603302

Third Saturday
(17th April)

Farmers' Market
9am to 1pm, Market Place
01953 603302

WHAT'S ON, continued...

Sunday 25th April

Sunday Service Livestream
9.30am, by Wymondham Abbey
www.youtube.com/channel/UC-egQ30CpJ64aJQYnFvzlcA/live

Sunday Worship - 'Heaven help the home: Home as church?' by Paul Smith
10.30am, by Wymondham Baptist Church. Via Zoom
www.wymondhambaptist.org

Church Service
10.30am, by Wymondham Methodist Church. Via Zoom
tgc.2016@outlook.com

Sunday Service Livestream
10.30am, by Hope Community Church
www.hopecommunitychurch.co.uk

Monday 26th April

Mini Artists Class
10am to 11.30am and 1pm to 2.30pm, stART Studio. For ages 1 to 5
www.facebook.com/events/454625082504815

Online Quiz
8pm, by Slow Theatre Company. Live on YouTube, Facebook and Twitch
www.facebook.com/slowtheatrecompany

Thursday 29th April

Mindfulness Meditation Session
6.30pm, by 2b@1 Hypnotherapy. Live via Facebook
www.facebook.com/2bat1Hypnotherapy

Norfolk Libraries online

Every day

Virtual Just A Cuppa
10.30am, via Zoom
libraries.icconnect@norfolk.gov.uk

Tuesdays

Bounce And Rhyme
10am, via Zoom
libraries.icconnect@norfolk.gov.uk

Just A Cuppa (Babies & Toddlers)
11am, via Zoom
libraries.icconnect@norfolk.gov.uk

Reading Friends
2pm, 6pm & 7pm, via Zoom
libraries.icconnect@norfolk.gov.uk

Shut Up and Write
4pm, via Zoom. For young people aged 13-16
www.facebook.com/events/356479102243391/

Young Reading Friends
4.30pm, via Zoom. For young people aged 13-16
libraries.icconnect@norfolk.gov.uk

Wednesdays

Just A Cuppa
10.30am, via Zoom
libraries.icconnect@norfolk.gov.uk

Digital Health Hub
12.30pm, via Zoom
libraries.icconnect@norfolk.gov.uk

Knit And Knatter
2pm, via Zoom
libraries.icconnect@norfolk.gov.uk

Thursdays

Just A Cuppa (Bumps & Babies)
11am, via Zoom
libraries.icconnect@norfolk.gov.uk

Fridays

Drop In And Craft
3pm, via Facebook
www.facebook.com/NorfolkLibrariesUK

To include your event date (online or 'in person') for free, email the details to news@wymondham-mag.co.uk



Subscribe to the monthly digital magazine for free online at www.wymondham-mag.co.uk

Whilst every effort is made to ensure the accuracy of the information contained in this publication, Wymondham Magazine can accept no responsibility for any error or omission that may arise. This magazine may not be sold or reproduced in any form or by any means, electronically or mechanical, without prior consent of the publishers and copyright holders, Wymondham Magazine.

©2021 Wymondham Magazine



Star Throwers

Holistic Cancer Support Charity

Star Throwers provides individual support for people affected by cancer. We have adapted a range of services which we are now able to provide remotely.

Cancer Information Sessions

These sessions help patients understand their cancer diagnosis, treatment options and explore the possibilities of clinical trials.

Counselling

Talking therapy, including bereavement counselling.

Fatigue Management

Help and support to manage your energy levels.

Nutrition Support

Talks, one-to-one consultations and group Q&A sessions on cancer nutrition.

Writing For Wellbeing

Therapeutic writing group for all via zoom.

Reiki

Relaxing wellbeing therapy and a friendly chat.

Yoga

Online 90 minute yoga sessions available for all abilities.

To access our support or to find out more about our free services please contact us:

www.starthrowers.org.uk

01953 423304

info@starthrowers.org.uk

Registered Charity No. 1162237

